

Framework for a Lesson Plan

Key Takeaways: What do I want learners to walk away knowing at the end of this session?

- Learners should be able to use the materials related to the Psalms to reflect on and form answers to the following questions: What does it mean for humans to have dominion over the world? What responsibilities come with this dominion? How do we remind ourselves of this responsibility?

Assessments: How will I know at the end of the session what learners took away?

- Depending on the group dynamic - either through a closing discussion or through a written reflection, individuals in the group will provide a reflection relating to the key takeaways listed above

Teacher Materials: What will I need for this lesson? (Links to printable worksheets, links to multimedia resources, etc.)

- Translations of Psalm 8 (NJPS, New American Bible, original Hebrew for interested participants)
- Text from poetic interpretations of Psalm 8 (Norman Fischer poem, Poor Bishop Harper text, music)
- -Blank paper, markers, colored pencils, pens
- Access to an outdoor space, window, etc.

Plan: How much time will this lesson take? What are the various moving components? What materials are needed for each section?

Time	Element	Materials needed	Notes
5-7 Minutes	Introduction & Ice Breaker	n/a	<p>Begin with a go-around where people introduce names, pronouns, and answer a question. Sample go around questions:</p> <ul style="list-style-type: none"> -What is your relationship with the Psalms? -How would you describe your relationship with text study? -What is a text that you return to often?
10 Minutes	Review Text of Psalm 8 & Generate Questions	NJPS Text of Psalm 8	<ul style="list-style-type: none"> -Read aloud the text of Psalm 8 once and then give everyone an opportunity to read the text individually -Once everyone has had an opportunity to read through the text individually, direct them to the lines about “domain over the earth.” Ask: How would they define domain? How do they react to the idea that humans have domain over the earth? Does this feel like a present responsibility in their own life? -Ask them what questions they have about this topic

<p>20 Minutes</p>	<p>Nature Reflection & Art/Journaling</p>	<p>Paper, markers, pencils, pens, etc.</p>	<p>-Note for participants that in addition to describing domain, Psalm 8 takes a moment reflect on the beauty of the natural world. Explain that everyone is going to have 5 minutes to reflect on the natural world - depending on space, participants can go outside for a short walk, otherwise they will have a chance to walk to the closest window. Encourage participants to be silent for the 5 minutes. They will spend the 5 minutes - observing and reflecting on the pieces of the external world that they can see. If you are in a space where nature may be challenging - encourage them to look for any elements of the natural world they can identify (the sky, the wind, etc.) -After the 5 minutes are up, have participants come back to the room. -Pass out art materials - paper, markers, etc. Explain that they are going to take a moment to create a representation of their relationship with the nature they have observed. The representation could include: 1) What they saw; 2) Where they were standing; 3) If they were able to explore, a particular part of nature they connected to; 4) What responsibility they feel they have to the natural world.</p>
<p>10 Minutes</p>	<p>Group Reflection</p>		<p>Have the group reflect on the following questions? -What feelings did the experience evoke? -How did reflecting on the natural world help you understand the idea of domain? -What does it mean for you to have domain over the natural world?</p>