

Framework for a Lesson Plan

Key Takeaways: What do I want learners to walk away knowing at the end of this session?

- Learners should be able to use the materials related to the Psalms to reflect on and form answers to the following questions: What

Assessments: How will I know at the end of the session what learners took away?

- Depending on the group dynamic - either through a closing discussion or through a written reflection, individuals in the group will provide a reflection relating to the key takeaways listed above

Teacher Materials: What will I need for this lesson? (Links to printable worksheets, links to multimedia resources, etc.)

- Translations of Psalm 51 (NJPS, New American Bible, original Hebrew for interested participants)
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Plan: How much time will this lesson take? What are the various moving components? What materials are needed for each section?

| Time | Element | Materials needed | Notes |
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| 5-7 Minutes | Introduction & Ice Breaker | n/a | Begin with a go-around where people introduce names, pronouns, and answer a question. Sample go around questions: -What is your relationship with the Psalms? |

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| | | | <p>-How would you describe your relationship with text study?</p> <p>-What is a text that you return to often?</p> |
| 10 Minutes | Review Text of Psalm 8 & Generate Questions | NJPS Text of Psalm 8 | <p>-Read aloud the text of Psalm 8 once and then give everyone an opportunity to read the text individually</p> <p>-Once everyone has had an opportunity to read through the text individually, direct them to the lines about “domain over the earth.” Ask: How would they define domain? How do they react to the idea that humans have domain over the earth? Does this feel like a present responsibility in their own life?</p> <p>-Ask them what questions they have about this topic</p> |
| 20 Minutes | Nature Reflection & Art/Journaling | Paper, markers, pencils, pens, etc. | <p>-Note for participants that in addition to describing domain, Psalm 8 takes a moment reflect on the beauty of the natural world. Explain that everyone is going to have 5 minutes to reflect on the natural world - depending on space, participants can go outside for a short walk, otherwise they will have a chance to walk to the closest window.</p> <p>Encourage participants to be silent for the 5 minutes. They will spend the 5 minutes - observing and reflecting on the pieces of the external world that they can see. If you are in a space where nature may be challenging - encourage them to look for any elements of the natural world they can identify (the sky, the wind, etc.)</p> <p>-After the 5 minutes are up, have participants come back to the room.</p> |

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| | | | <p>-Pass out art materials - paper, markers, etc. Explain that they are going to take a moment to create a representation of their relationship with the nature they have observed. The representation could include: 1) What they saw; 2) Where they were standing; 3) If they were able to explore, a particular part of nature they connected to; 4) What responsibility they feel they have to the natural world.</p> |
| 10 Minutes | Group Reflection | | <p>Have the group reflect on the following questions?</p> <ul style="list-style-type: none"> -What feelings did the experience evoke? -How did reflecting on the natural world help you understand the idea of domain? -What does it mean for you to have domain over the natural world? |